

ABSTRACT

A heat patch and method for providing therapy to a body. The heat patch includes a reflective layer and a heat source that is attached to the reflective layer. The reflective layer reflects infrared energy emitted by the body back into the body while the heat source applies heat to the body. The combination of
5 supplying heat and reflecting infrared energy provides effective therapy to people with relatively deep tissue injuries. In another aspect, the heat patch includes an enclosure made from a gas-permeable layer and a reflective layer attached to the gas-permeable layer. A heating composition is sealed inside the enclosure to
10 generate heat when a gas (e.g., air) is received through the gas-permeable layer. The heat generated by the heating composition is easily controlled such that heat patch can be maintained at a temperature well above ambient temperature.
